

# BREAST AND CERVICAL HEALTH PROGRAM

IS THERE A NUMBER TO CALL?

## WHAT IS THE BREAST AND CERVICAL HEALTH PROGRAM?

It is a program that provides eligible women with free yearly health exams, which include mammograms and Pap tests.

## WHAT IS INCLUDED IN THE BREAST AND CERVICAL HEALTH EXAM PROGRAM?

- Breast exam
- Self care and Self Breast Exam Training
- Mammogram
- Pelvic Exam
- Pap test

## WHO ADMINISTERS THE PROGRAM?

The Breast and Cervical Health program is a project of the Washington State Department of Health and is being implemented throughout Washington. It is funded by a Federal grant from the Centers for Disease Control (CDC).

Wenatchee Valley Medical Center coordinates the program for **North Central Washington**: Chelan, Douglas, Okanogan, Grant and Adams Counties. **Northwest Washington**: Whatcom, Skagit, Island, San Juan and Snohomish Counties.

## IS THERE A NUMBER TO CALL FOR MORE INFORMATION?

North Central Washington:  
Natasha Rathbun 1-888-551-3994  
1-509-665-5881  
Northwest Washington:  
Becky Jones 1-800-865-3647

## North Central Washington

### Adams County

Columbia Basin Health Association in Ohello and Mattawa (509) 488-5256  
Mattawa Community Medical (509)932-4499

### Okanogan County

North Valley Family Medicine, Onak Clinic, Pioneer Medical Center (888) 551-3994  
Brewster Family Health Center (509) 422-5700, Tomasket Family Health Center (509) 486-0114  
Main Street Health Associates in Brewster (509) 689-8900  
Methow Valley Family Medicine (509) 997-2011  
Country Clinic (509) 996-8180  
Community Medical Clinic (509) 689-2525  
Okanogan Valley Clinic (509) 826-1600

### Chelan & Douglas Counties

Wenatchee Valley Clinic - Cascade Medical Center - E. Wenatchee Clinic (509) 665-5881 or (888) 551-3994 (Natasha Rathbun)  
Lake Chelan Community Health Clinic (509) 682-6000  
Columbia Valley Community Health (509) 662-6000  
Cascade Medical Center (509) 548-5815  
Central Washington Hospital  
Women's Health Care Center (509) 665-5881

### Grant County

Columbia Basin Family Medicine (509) 754-3330  
Moses Lake Clinic (888) 551-3994  
Moses Lake Community Health (509) 765-0674 or (800) 371-8638 (Eva)  
The Clinic at Royal City (509) 346-1447  
Quincy Valley Medical Center (509) 787-6423

## Northwest Washington

### Whatcom County

Interfaith Family Health - Bellingham (360) 676-6177  
Mt. Baker Planned Parenthood - Bellingham (360) 734-9095  
Mt. Baker Family Medicine - Bellingham (360) 714-1149  
SeaMar Community Health Center - Bellingham (360) 671-3225  
Sea Mar Community Health Center - Everson (360) 354-0766

### Skagit County

Anacortes Family Medicine - Anacortes (360) 299-4211  
Fidalgo Medical Associates - Anacortes (360) 293-3101  
Island Family Physicians - Anacortes (360) 293-9813  
LaConner Medical Clinic - LaConner (360) 466-3136  
Mt. Baker Planned Parenthood -Mt. Vernon (360) 848-1744  
North Cascade Physicians - Mt. Vernon (360) 428-1700  
SeaMar Clinic - Mt. Vernon (360) 428-4075  
Swinomish Tribal Health Center - LaConner (360) 466-3167

### Island County

Camano Community Clinic - Camano Island (360) 387-5398  
Planned Parenthood of Western Washington - Oak Harbor (360) 679-2235  
North Whidbey Community Clinic - Oak Harbor (360) 679-5590  
South Whidbey Community Clinic - Clinton (360) 341-5252

### San Juan County

Island Naturopathic Clinic - Lopez Island (360) 378-6374  
Lopez Medical Clinic - Lopez Island (360) 468-2245  
Melinda Milligan, ARNP - Eastsound (360) 376-4267  
Mt. Baker Planned Parenthood - Friday Harbor (360) 378-6010  
Orcas Island Medical Center - Eastsound (360) 376-2561

### Snohomish County

Allison Novins ND (360) 568-2686  
Community Health Center (Everett)  
Broadway (425) 258-1830  
Evergreen Way (425) 347-7797  
Community Health Center - Lynnwood (425) 775-2589  
Darrington Clinic (360) 436-1055  
Guardian Family Care (425) 338-4330  
Medallia Medical Group—Monroe (360) 794-7994  
Planned Parenthood - Everett (425) 339-3389  
SeaMar Community Health Center—Marysville (360) 653-1742  
Tulalip Health Clinic (360) 651-4511



**POSITIVE WOMENS NETWORK** (888)651-8931 or (425)259-9899

## WHO IS ELIGIBLE?

Women who are . . .

- Age 40 to 64
- Little or no Insurance
- At or below 200% of the Federal Poverty Guidelines (FPL) see following chart

Family Size	Monthly Income	Annual Income
1	\$ 1,497	\$ 17,960
2	\$ 2,020	\$ 24,240
3	\$ 2,543	\$ 30,520
4	\$ 3,067	\$ 36,800
5	\$ 3,590	\$ 43,080
6	\$ 4,113	\$ 49,360
7	\$ 4,637	\$ 55,640
8	\$ 5,160	\$ 61,920

For family size greater than 8 add \$523 or \$6,280 (annual) for each additional member

If you meet the criteria for this program, take care of yourself. Call your clinic and schedule your exam today.

Your health is important to us.

Wenatchee Valley Medical Center  
PO Box 489  
820 N Chelan  
Wenatchee, WA 98807  
Phone: 1-509-665-5881  
Phone: 1-888-551-3994  
Fax: 1-509-667-7352

# FREE

## Women's Health Exam and Mammogram

